



JANUARY | 2018

Primary & Van Elementary

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Winter Break	2 Winter Break	3 Breakfast: Breakfast Pizza Fruit-Fresh Fruit-Milk Lunch: Cheese Pizza Broccoli/Cauliflower Orange wedges Milk	4 Breakfast: Blueberry Muffin Fruit-Fresh Fruit-Milk Lunch: Spaghetti Green Beans Applesauce Milk	5 Breakfast: Toast-Cereal Juice-Fresh Fruit-Milk Lunch: Corn Dog Baked Beans Baby Carrots Juice Milk
8 Breakfast: Pancake Fruit-Fresh Fruit-Milk Lunch: Cheeseburger on Bun Sliced Tomato Shredded Lettuce Mixed Squash Baked Apples Milk	9 Breakfast: Toast Juice-Fruit-Milk Lunch: Beef Tacos & 2 Soft Shells Lettuce-Salsa-Chees Refried Beans Juice Milk	10 Breakfast: Ultimate Breakfast Casserole Fruit-Fresh Fruit-Milk Lunch: Sausage Pizza Broccoli/Carrots Jell-O with Fruit Milk	11 Breakfast: Frudel Fruit-Fresh Fruit-Milk Lunch: Chicken Noodles Mashed Potato Normandy Blend Milk	12 Breakfast: Toast-Cereal Juice-Fresh Fruit-Milk Lunch: Chili with Corn Bread Baby Carrot Celery Sticks Juice Milk
15 Weather Make-up Day	16 Breakfast: Toast Juice-Fruit-Milk Lunch: Quesadilla Refried Beans Salsa Corn Juice Milk	17 Breakfast: Yogurt-Cracker Fruit-Fresh Fruit-Milk Lunch: 2 Stuffed Breadsticks Broccoli Cauliflower Pears Milk	18 Breakfast: Ham & Cheese Croissant Hash Brown-Fruit-Milk Lunch: Ham with Scalloped Potato Salad –Fruit Cocktail Dinner Roll Milk	19 Breakfast: Toast-Cereal Juice-Fruit-Milk Lunch: B-B-Q Chicken Sandwich Baby carrots Celery Sticks Juice Milk
22 Breakfast: Ham & Cheese Biscuit Fruit-Fresh Fruit-Milk Lunch: Hot Dog Winter Blend Baby Carrots Applesauce Milk	23 Breakfast: Toast Juice-Fruit-Milk Lunch: Chicken Tacos & 2 Shells Lettuce-Salsa-Cheese Refried Beans Juice Milk	24 Breakfast: Ultimate Breakfast Casserole Lunch: Pepperoni Pizza Grape Tomato-Cucumber Tossed Salad Orange Wedges Milk	25 Breakfast: Poptart Fruit-Fresh Fruit-Milk Lunch: Roast Turkey Mashed Potato with Gravy Peas Peaches Dinner Roll Milk	26 Breakfast: Toast-Cereal Juice-Fruit-Milk Lunch: Ham & Cheese Sub Broccoli Coin Carrots Juice Milk
29 Breakfast: Waffle Fruit-Fresh fruit-Milk Lunch: Chicken Nugget Broccoli Cauliflower Baked Apples Milk	30 Breakfast: Toast Juice-Fruit-Milk Lunch: Nacho Naturals Shredded Lettuce-Salsa Refried Beans Juice Milk	31 Breakfast: Ham & Cheese Croissant Fruit-Fresh Fruit-Milk Lunch: Cheese Pizza Baby carrots Normandy Blend Blueberry Crisp Milk		

News

January is National Blood Donor Month. Since 1970, National Blood Donor Month has been observed in January to not only honor blood and platelet donors, but also to help increase donation during the winter. Maintaining a sufficient blood supply for patients is difficult at this time of year. To make an appointment, download the free Red Cross Blood app, visit redcrossblood.org or call 800-733-2767

*START
YOUR DAY
THE RIGHT WAY
WITH SCHOOL BREAKFAST*

*SCHOOL BREAKFAST
WILL GIVE YOU
MORE
ENERGY
KEEP YOUR BODY
HEALTHY
AND HELP IMPROVE YOUR
GRADES*